



# BREAKFAST

**Good Morning - Breakfast served 8 am to Noon daily**

## ■ BREAKFAST SPECIALS ■

Ask for our egg substitute or egg whites add 1.00

### #1 Boatswain

Two eggs, choice of meat, home fries with onions, biscuit or toast 7.25

### #2 Helmsman

Three pancakes or french toast and choice of meat 7.25  
*Add 1.00 for sweet potato pancakes*

### #3 Western Scramble

Two scrambled eggs, green peppers, ham, onions and cheddar cheese with home fries and toast or biscuit 8.95

### #4 Longshoreman

Chipped beef on toast or biscuit and home fries with onions 8.95

### #5 Surfman

Fresh fruit cup of cantalope, honey dew, pineapple and seasonal berries, cottage cheese and choice of breakfast muffin 8.95

## ■ PANCAKES & FRENCH TOAST ■

### ■ Chocolate Chip Pancakes

(3) A house favorite 5.95

### ■ Sweet Potato Pancakes

(3) With cinnamon butter 5.95

#### Pancakes

Three hot & fluffy buttermilk pancakes served with Smucker's syrup 4.95  
(2) Short Stack 3.95

#### French Toast

Three pieces of Texas Toast dipped in our special recipe. Served with a dusting of powdered sugar 4.95

## ■ SIDE ORDERS ■

### Two Eggs

Served any style with toast 3.25

### Chipped Beef

served with toast or biscuit 6.75

### Meats 2.95

Rapa Scrapple, Bacon (4), Sugar-cured Ham, Sausage (2), Turkey Sausage, Canadian bacon

### Home Fries with Onions

Real potatoes lightly fried to perfection 2.50

### Fresh Fruit Cup

Cantaloupe, Seasonal Berries, Honey Dew and Pineapple 3.95

### Honey Vanilla Greek Yogurt

with granola topping 4.50

### Cottage Cheese 1.95



## OMELETTES

Served with home fries with onions, toast or biscuit

### Just Say Cheese

Monterey jack and cheddar 7.95

### House

Fresh crab, shrimp, tomatoes and Monterey jack cheese 13.95

### The Basic

One meat and cheddar 8.95

### Greek

Organic spinach, tomato and feta 9.25

### Gobbler

Turkey sausage, tomato and cheddar 8.95

### Farmer's Market

Organic spinach, onion, tomato and mushroom 8.95

### Surfer

Egg whites, Canadian bacon, broccoli and Monterey jack 9.95

### Southern Vacation

Monterey jack and avocado topped with salsa and sour cream 8.95

### BCT

Bacon, tomato and cream cheese 8.95

## BREAKFAST SANDWICHES & WRAPS

### Breakfast Veggie Wrap

Two scrambled eggs, tomato, onion, peppers, mushrooms and cheddar served with a wedge of local cantaloupe 8.95

### Fresh Egg BLT

A BLT on a butter croissant with avocado, little mayo and a fried egg. Served with a wedge of local cantaloupe 7.95

### The Fenwick Island Beach Patrol Sandwich

Eight grain bagel with egg whites, Canadian bacon, and choice of cheese. Served with a wedge of local cantaloupe 6.75

## BAGELS & BREADS

### Breakfast Muffin

Blueberry or Whole Grain Berry 2.95

### Toast 1.60

White, Whole Wheat, Rye or Wheatberry

### Buttermilk Biscuit 1.60

### English Muffin 1.60

### Butter Croissant 2.95

### N.Y. Bagel & Cream Cheese

Eight Grain, Plain or Everything 3.25

## BEVERAGES

Fresh Brewed Iced Tea, Raspberry Tea, Zero Calorie Peach Green Tea, Coffee 1.95 (free refills)

Soda Pepsi, Diet Pepsi, Root Beer, Sierra Mist and Diet Dr. Pepper 1.95 (free refills)

Milk, Chocolate Milk, Hot Chocolate 1.95

Hot Tea 1.95 Bottled Water 1.95

Lemonade, Cranberry, V-8, Apple Juice, Orange Juice, Pink Grapefruit Juice Sm. 1.95 Lg. 2.95

Please notify your server prior to ordering if you have a food allergy

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs, may increase your risk of foodborne illness